





Write anything or anyone you are thankful for in the leaves and then cut them out and stick them to the tree.

Hello guys.

Well done for making it through the first week of lockdown.

I hope you are all managing OK.

Remember—we are a FAMILY. We are called ‘the family of the church’. That means we are here for each other.

Even when we can’t be together in the same room, we are still together in Spirit. In fact, we have the **Holy Spirit** to link us and guide us. That is something we can be really **thankful** for.

It can be really hard thinking of things to be thankful for at a time like this, but the more we think about things to be happy about, the easier it is to think about happy things more often, and that makes the stuff that make us angry and grumpy seem less important.

So what could we possibly be happy about at a time like this? Well, I bet some of you are happy to not have to get up early to get to school.... In fact Dotty has been to school in her pyjamas this week—luckily school was in our house!

And I’m happy that we can keep in touch with our friends and family online. In fact I think I’ve chatted to many more of my family recently than I normally would, and it’s been great to catch up!

Well, Mother Juliet is talking about reasons to be cheerful in her sermon today too. Have a look at the service sheet, listen to her sermon online and do follow along with her activities—and if you’re feeling really clever, Whatsapp her a picture of your creations!

There is another thankfulness activity for you with this page too. Maybe you could colour it while listening to the service if you have a printer, or draw your own tree with thankfulness leaves if you can’t print it out.

God bless you, Sunday School. Your grown-ups can contact me any time on Whatsapp or text. (If they haven’t got my number, they can ask Mother Juliet for it. Her contact details are on the service sheet.)

May God keep you safe and healthy and happy. Amen