

PRAYER

Saint Swithun's, Hither Green

PREPARATION:

O Lord, open our lips
and our mouth shall proclaim your praise.

God who is with us at our beginning and ending, be with us now, help us to find you in the chaos of our lives.
Let your light shine in our darkness
so that we may be guided to walk in your ways,
all the days of our life. **Amen.**

ULLA MONBERG

SILENCE IS KEPT.

I arise today through a mighty strength:

God's power to guide me,	God's might to uphold me,
God's eyes to watch over me;	God's ear to hear me,
God's word to give me speech,	God's hand to guard me,
God's way to lie before me,	God's shield to shelter me,
God's host to secure me.	Amen

ST BRIDGET

LISTENING:

God, the light of the minds that know you,
the life of the souls that love you,
and the strength of the wills that serve you:
Help us so to know you that we may truly love you,
and so to love you that we may fully serve you,
whom to serve is perfect freedom
through Jesus Christ our Lord. **Amen.**

ST. AUGUSTINE OF HIPPO

BIBLE READING

SEE ACCOMPANYING SHEET

PRAYERS:

OFFER TO GOD ALL THE THINGS AND PEOPLE AND SITUATIONS WHICH CONCERN YOU. TALK TO GOD IN THIS TIME AND / OR SPEND SOME TIME IN SILENCE IN GOD'S PRESENCE.

THE LORD'S PRAYER:

**Our Father, who art in Heaven;
Hallowed be Thy name.
Thy Kingdom come;
Thy will be done, on Earth as it is in Heaven.
Give us this day our daily bread
And forgive us our trespasses
As we forgive those who trespass against us.
And lead us not into temptation
But deliver us from evil,
For Thine is the Kingdom
The power and the glory,
for ever and ever.
Amen.**

THE CONCLUSION:

**May God bless us;
May God keep us in the Spirit's care
And lead our lives with love.
May Christ's warm welcome shine from our hearts
And Christ's own peace prevail through this and everyday.**

God is love.
May we abide in this love.
Today.
Always.
Amen.

Let us bless the Lord.
Thanks be to God.

